

## **Early Onset Psychosis Clinic (EOPC)**

### **Aims of the service:**

1. Develop specialized clinic to provide early assessment and management of patients with special needs: (i) early onset psychosis (onset age  $\leq 18$ )
2. To provide intensive monitoring and treatment for patients with special needs

### **Patient inclusion criteria:**

1. Age of onset from 12 to 18
2. Diagnosis of schizophrenia-spectrum disorders
3. Patient and CMO agree for the transfer

### **Exclusion criteria:**

1. Drug induced psychosis
2. Moderate to severe mental retardation

### **Referral:**

1. Refer by clinicians from all specialties

### **Assessment and management process:**

1. Initial assessment
  - a. Review clinical information
  - b. Understanding patients and family's views of treatment options
2. Baseline investigations
  - a. Genetic testing
  - b. Cognitive assessments
  - c. Brain imaging
3. Treatment
  - a. Planning
  - b. Psychoeducation on the treatment options
  - c. Discuss treatment plan with patient and family
  - d. Optimization of treatment
    - a. Provide alternative treatment options, e.g. neurostimulation, if appropriate