Early Onset Psychosis Clinic (EOPC)

Aims of the service:
1. Develop specialized clinic to provide early assessment and management of patients with special needs: (i) early onset psychosis (onset age <=18)
2. To provide intensive monitoring and treatment for patients with special needs

Patient inclusion criteria:
1. Age of onset from 12 to 18
2. Diagnosis of schizophrenia-spectrum disorders
3. Patient and CMO agree for the transfer

Exclusion criteria:
1. Drug induced psychosis
2. Moderate to severe mental retardation

Referral:
1. Refer by clinicians from all specialties

Assessment and management process:
1. Initial assessment
   a. Review clinical information
   b. Understanding patients and family’s views of treatment options
2. Baseline investigations
   a. Genetic testing
   b. Cognitive assessments
   c. Brain imaging
3. Treatment
   a. Planning
   b. Psychoeducation on the treatment options
   c. Discuss treatment plan with patient and family
   d. Optimization of treatment
   a. Provide alternative treatment options, e.g. neurostimulation, if appropriate